

# Parenting Classes



*Are you the parent of a child between  
the ages of 5 and 18?*

These **free** classes provide training and support for families experiencing the challenges of rearing children. They will include 6 group sessions (once a week for two hours), a participant workbook and an opportunity to interact with other parents and learn new skills.

This course will show you how to...

- communicate effectively
- set boundaries and follow through
- prevent and handle drug and alcohol abuse
- discipline while teaching responsibility
- encourage better behavior
- encourage non-violent ways of conflict resolution

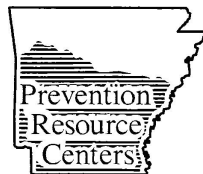
**Space is Limited.** To reserve a seat or for more information: **(870) 391-3529**

*Brought to you by:*



Dr. Dan J. Hawkins  
**COMMUNITY HEALTH  
RESOURCE CENTER**

*Healthy Lifestyles through Resources, Education & Outreach*



**Harrison School District**